



Rabindranath Tagore	<p><b>Sadhana: The Realisation of Life</b> By Rabindranath Tagore (1861-1941)</p> <p>A collection of essays on the Hindu/Buddhist view of humankind's place in the universe. As the author says in his introduction: "in these papers, it may be hoped, western readers will have an opportunity of coming into touch with the ancient spirit of India as revealed in our sacred texts and manifested in the life of to-day." Most of the essays were given as lectures before Harvard University in 1916 or before. (Summary by Peter Yearsley)</p> <p>Total running time: 03:52:46; read by Peter Yearsley.</p> <ul style="list-style-type: none"> <li>◆ 1 - Preface; The relation of the individual to the universe - 00:32:56</li> <li>◆ 2 - Soul consciousness - 00:31:14</li> <li>◆ 3 - The problem of evil - 00:29:27</li> <li>◆ 4 - The problem of self - 00:37:05</li> <li>◆ 5 - Realisation in love - 00:37:17</li> <li>◆ 6 - Realisation in action - 00:25:48</li> <li>◆ 7 - The realisation of beauty - 00:12:19</li> <li>◆ 8 - The realisation of the infinite - 00:26:40</li> </ul> <p>This recording is in the public domain and may be reproduced, distributed, or modified without permission. For more information or to volunteer, visit <a href="http://librivox.org">librivox.org</a>.</p> <p>Cover picture by <i>Thomas Daniell (1796)</i>. Copyright expired in US, Canada, EU, and all countries with author's life +70 yrs laws. Cover design by Janette Brown. This design is in the public domain.</p>	Sadhana: The Realisation of Life Rabindranath Tagore
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